

Arkansas State University Mid-South
Unplanned Pregnancy Prevention Activities

2017 - 2018

- An Unplanned Pregnancy Prevention table was included in the campus-wide resource fair during the Week of Welcome (August 23, 2017). Resources and give-aways were provided by ADHE. Angela Lasiter and a couple others were present to talk to our students.
- College Survival sections (freshman success course) included a presentation from a health care professional about making informed decisions about pregnancy and prevention of unplanned pregnancies.
- College Survival students were taken to the on-campus health clinic (open every Wednesday) and introduced to East Arkansas Family Health Center staff. Materials about preventing unplanned pregnancy and female reproductive health care are available and this information was shared with students.
- An all-campus event was held on October 11. Angela Lasiter was present and shared a video on consent, the ADHE video on the difficulty of trying to be a parent while attending college, and other resources and information. The men's and women's basketball teams were specifically invited to attend. College Survival students were awarded class points for attending. Lunch was provided.
- Concepts of Physical Activity and Health and Safety both included information about reproductive choices and sexual health as part of their course material. All students seeking an Associate of Arts in General Education are required to take one of these two courses.
- The campus website was modified to include a "Health and Wellness" page which includes links to the consent video and the ADHE video as well as other resources for unplanned pregnancy prevention.
- The annual campus Health Fair was held on April 3, 2018 and included a table with information supplied by ADHE on unplanned pregnancy prevention.
- Habitudes is a program specifically for our athletes which focuses on developing leadership qualities. Discussions about making healthy choices and developing successful behaviors including unplanned pregnancy prevention were incorporated into the program.
- Career Pathways is active at ASU Mid-South and addresses child care, transportation, financial aid, tutoring, and other challenges for success and completion for single parents.
- Home Visiting Services, housed at ASU Mid-South, provides services to families with children from the prenatal stage to age 3 years. One of the services they provide is a network of community resources to address the needs of the home visiting families. ASU Mid-South coordinated with Home Visiting Services to provide materials and information on preventing unplanned pregnancies as a part those resources.